

LINCOLNSHIRE HEALTH AND WELLBEING BOARD

Open report on behalf of Lincolnshire's Clinical Commissioning Groups and the Sustainability and Transformation Partnership

Report to	Lincolnshire Health and Wellbeing Board
Date:	26 March 2019
Subject:	NHS Long Term Plan and Lincolnshire's Planning / Intentions for 2019/20

Summary:

This paper provides:

- A summary of the NHS Long Term Plan published in January 2019
- Details of the key priorities (known as system intentions) for 2019/20 as set out in the draft System Operating Plan
- And, maps the system intentions against the priorities in the Joint Health & Wellbeing Strategy.

Actions Required:

The Board is asked to note the detail in this report about the NHS Long Term Plan and the key priorities (system intentions) for 2019.20 as set out in the draft System Operating Plan.

1. Background

1.1 The NHS Long Term Plan

The NHS Long Term Plan was published on 7th January 2019 and set out the Government's expectations for the NHS over the next 10 years, together with the expectations for the additional funding secured to support its implementation over the next 5 years.

The plan contains 6 Chapters which set out the aspiration for the NHS over the next 10 years, the full plan can be found at <https://www.longtermplan.nhs.uk/wp-content/uploads/2019/01/nhs-long-term-plan>.

A summary of the 6 Chapters are:

- **Chapter 1: A New Service Model for the 21st Century**
 - Boost 'out of hospital care' - £4.5bn investment in primary medical and community health services over five years to support integration and sustainability of services.
 - Reduce pressure on emergency services – development of Clinical Assessment Service (CAS) & Urgent Treatment Centres (UTCs).
 - People will get more control over their own health and more personalised care – ensuring people are equipped to make decisions about care that's right for them and supporting increased 'self care', e.g. diabetes prevention and management.
 - Digitally enabled primary and outpatient care will become normal practice – roll out of NHS APP and up to a third of out patient appointments will be avoided over the next 5 years.
 - Local systems will increasingly focus on population health – moving to integrated care systems (ICS) by 2021.

- **Chapter 2: More NHS Action on Prevention and Health Inequalities**

The plan recognises the role the NHS has to complement but not replace the role of local authorities in respect of these two areas. It is expected that local Integrated Care Systems will move from reactive care to active population health management over the next 5 years. The key focus remains:

 - Smoking
 - Obesity
 - Alcohol
 - Air pollution

It is also expected that the NHS will have stronger action on health inequalities. As part of developing local 5 year plans, local areas will need to identify specific, measurable goals to demonstrate how they will tackle health inequality will be tackled.

- **Chapter 3: Further Progress on Care Quality & Outcomes**

The focus areas for this chapter include:

 - A strong start in life for children and young people, this will cover the following range of services:
 - Maternity and neonatal services
 - Children and Young People's mental health services
 - Learning disability and autism
 - Children and Young People with cancer.
 - Better care major health conditions, including:
 - Cancer
 - Cardiovascular
 - Stroke Care
 - Diabetes
 - Respiratory
 - Adult Mental health services, including:
 - Common mental health disorders
 - Severe mental health problems
 - Suicide prevention

- **Chapter 4: NHS Workforce**

A range of measures to ensure that NHS staff will get the support they need and that the workforce is shaped to enable delivery of the future needs and priorities set out within the Long Term Plan. Key developments will include:

- Expanding the number of nurses, midwives, Allied Health Professionals and other staff
 - Growing the medical workforce
 - Supporting the current NHS staff – measures to improve staff retention
 - Maximising the opportunities to use technology to support different ways of working
 - Leadership and talent management
 - Volunteers – funding for volunteering programmes across the Country
- **Chapter 5: Digitally Enabled Care will go mainstream across the NHS**
There is a real emphasis throughout the plan on the opportunities for maximising the use of technology to support people, patients and the workforce across the NHS.
 - Empowering people to self-care and manage their own health and wellbeing.
 - Supporting health and care professionals to provide more effective and efficient care eg access to patient's care record and plan.
 - Supporting clinical care – access to a GP and appropriate outpatients digitally eg e-consultations.
 - Improving population health
 - Improving clinical efficiency and safety.
 - **Chapter 6: Taxpayer's Investment will be used to Maximum Effect**
 - Over the next 5 years the NHS will return to financial balance.
 - The NHS will achieve productivity growth of at least 1.1% per year, with all savings reinvested in frontline care.
 - The NHS will reduce the growth in demand for care through better integration and prevention.
 - The NHS will reduce variation across the health system, improving providers' financial and operational performance.
 - The NHS will make better use of capital investment and its existing assets to drive transformation.

Each local STP/ICS is required to have produced a detailed, five year plan to demonstrate how it will achieve the priorities set out within the NHS Long Term Plan by the autumn 2019.

1.2 System Planning for 2019/2020

Nationally 2019/20 is viewed as a transitional year as the local 5 Year Plan is being developed, therefore there will be a 1 year operational plan which is currently being finalised for submission by 11th April to NHS England and Improvement. The national planning guidance states that this plan will cover:

- System priorities and deliverables
- Activity assumptions
- Capacity planning
- Workforce
- System financial position and risk management
- Efficiencies

As part of this process it has been agreed that Lincolnshire will not set traditional 'commissioning intentions' but instead has agreed a number of 'system intentions' that will identify priority development areas during the coming financial year. These are:

- Integrated Community Care, in particular:
 - o On-going development of Integrated Neighbourhood Working
 - o Establishing Population Health Management within Neighbourhoods
 - o The establishment of an integrated, community based, Diabetes Service
 - o Improved identification and support of frailty
 - o Enhance community stroke rehabilitation service
 - o Development of community capacity to enable social prescribing and self care
 - o Supporting the development of Primary Care Networks
- Urgent and Emergency Care
 - o Integrated Urgent Care service, including CAS, Out of Hours, Urgent Care Streaming
 - o Mobilisation of Urgent Treatment Centres
- Mental Health
 - o Improved mental health rehabilitation pathway
 - o Transformation of community mental health services
 - o Establish Mental Health Hub to support people 'unable to cope'
 - o Perinatal service expansion
- Planned Care
 - o Re-design out-patient services; Patient initiated follow ups
 - o Community Pain Management service to commence April 2019
 - o Delivering more Ophthalmology care in the community
 - o Developing an integrated, community based MSK service
- Women's and Children's services
 - o Transformation of Tier 4 Child and Adolescent Mental Health Services (CAMHS)
 - o Establish a Rapid Response team for acutely unwell children
- Operational Efficiency
 - o Pharmacy and Prescribing
 - o Corporate Estates
 - o Workforce
 - o Corporate Services Transformation, e.g. shared services

The above sets out the priorities for 2019/20 but clearly there continues to be extensive work on a range of other key areas, e.g. Cancer, 'Better Births', Acute Service Review and all the priorities set out within the NHS Long Term Plan will be included more extensively in the local 5 year plan.

The feedback received through The Healthy Conversation 2019 engagement exercise will contribute to the development of the local 5 year plan to be developed by autumn 2019.

1.3 System Intentions for 2019 and priorities in the Joint Health & Wellbeing Strategy

The table below maps the 2019/2020 System Intentions to the current H&WB strategic priorities.

System Intentions	Joint Health & Wellbeing Strategy Priorities						
	Children & Young People Mental Health & Emotional Wellbeing	Carers	Dementia	Physical Activity	Housing & Health	Mental Health Adults	Obesity
Integrated Community Care including; <ul style="list-style-type: none"> - Neighbourhood Working - Diabetes - Frailty - Self care - GP Networks - 		√	√		√	√	
Urgent & Emergency Care <ul style="list-style-type: none"> - Integrated Emergency Care - Urgent Treatment Centres 		√				√	
Planned Care <ul style="list-style-type: none"> - Reducing Out Patient Activity - Ophthalmology - MSK 		√			√		
Children's Mental Health Services <ul style="list-style-type: none"> - Tier 4 CAMHS - Rapid Response team for acutely unwell children 	√	√		√			√
Mental Health <ul style="list-style-type: none"> - Mental health rehabilitation - Dementia - Community mental health transformation - Perinatal Service Expansion 		√	√	√	√	√	

2 Conclusion

This report provides information on the NHS Long Term Plan, published in January 2019 and the key local commissioning intentions set out in the draft System Operating Plan. The report also provides assurance to the Board that the commissioning intentions take account of the priorities in the Joint Health and Wellbeing Strategy.

3 Joint Strategic Needs Assessment and Joint Health & Wellbeing Strategy

The Council and Clinical Commissioning Groups must have regard to the Joint Strategic Needs Assessment and Joint Health and Wellbeing Strategy.

As detailed in Section 1.3

4 Consultation

Not applicable

5 Appendices

None

6 Background Papers

No background papers within Section 100D of the Local Government Act 1972 were use in the preparation of this report.

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